



Igniting ♦ Connecting ♦ Enriching
1940-A Fountainview, PMB 116
Houston, Texas 77057
phone: 713.492.1173
email: sarah@gishcreative.com
web: www.gishcreative.com



SARAH GISH short bio

Igniter, intuitive guide, artist, enrichment expert, teacher, speaker, business leader, and Community Labyrinth Leader, Sarah Gish is the owner of Gish Creative (www.gishcreative.com), a personal, family, and business enrichment company whose goal is to ignite lives, champion culture, and create connections. Gish Creative was founded in 2000 after Sarah left her position as the Houston City Manager for Landmark Theatres (River Oaks and Greenway movie theatres) and, prior to that, jobs at the Museum of Fine Arts, Houston and the Blaffer Gallery (among other places). She lived abroad in Paris for four months during college and in Japan (various cities) for three years, where she was an English teacher and radio DJ. Upon her return to the U.S., she did some radio hosting with KPFT-FM Houston and radio advertising sales at stations in Virginia and Texas. Sarah's parents are from California and she was born in Ann Arbor, Michigan but she grew up in Houston near Rice University. In 1985, she received a Bachelor of Arts in Art History from the University of Texas/Austin.

Sarah's work can be summed up in two words: she's a CONNECTOR and an IGNITER. She helps people connect to themselves, to others, to information out there in the world, or to a higher power. She's also an "info-preneur" who loves to inspire people to explore Houston through her digital publications, GISH PICKS: CURATED CULTURE FOR KIDS AND ADULTS (www.gishpicks.com) and THE SUMMER BOOK® ONLINE: A GUIDE TO HOUSTON DAY CAMPS FOR KIDS AND TEENS (www.daycampshouston.com). She writes a monthly column for Local Houston Magazine, GISH AT THE MOVIES (www.facebook.com/gishatthemovies), in which she highlights local art film news. And she teaches and speaks all over Houston.

Sarah is an artist – one who creates mostly out of found materials – and she is also an event and art photographer. In 2013, she started an art project and community campaign, IGNITE YOUR LIFE! (www.igniteyourownlife.com), which includes photographs, videos, workshops/talks, bracelets made with sober teens, t-shirts, a book, playing cards, and many other components, including a nonprofit founded in 2016, I9NITE!, Inc. She has created four art cars and currently drives her fourth, Phoenix Rising, www.facebook.com/phoenixrisingartcar. And in 2015, she kicked off a speaker series, WORDS OF WISDOM: lively talks on inspiring topics (www.facebook.com/wordsofwisdomhouston), which features conversational talks from Houston changemakers and leaders such as sociologist Dr. Stephen Klineberg and mindfulness expert Micki Fine at the Hines Center for Spirituality and Prayer and the Houston Ayurveda Center. She is also a teacher at the Hines Center and the Jung Center.

She works at Body Mind & Soul on a regular basis where she serves as an intuitive guide, helping people discern the best direction for their work and/or personal life, and she also regularly presents a "What's Your Purpose?" workshop there. And since 2013, she has lead groups on labyrinth walks at over 20 labyrinths throughout the city and surrounding areas – each walk ends with art-making. Sarah does regular talks on topics such as igniting your life, preventing addiction, family fun, preservation (she helped save the historic River Oaks Theatre in 2007), activism, and more.

It is her greatest joy to encourage everyone around the world to be the artist of their own life and to connect with each person she comes in contact with in some way.