



Marketing ♦ Publishing ♦ Creating
1940-A Fountainview, PMB 116
Houston, Texas 77057
phone: 713.492.1173
email: sarah@gishcreative.com
web: www.gishcreative.com



(photo: Alex Buchanan)

PRESENTATIONS BY SARAH GISH

mother*personal, family, and business enrichment guide* artist*writer*publicist*infopreneur

Sounds Like a Summer Plan!

This is a presentation chock full of creative ideas for summer fun for kids and families, such as scavenger hunts and trips to farmers markets. Brochures from attractions all over Houston will be available as well as The Summer Book®: A Guide to Houston Day Camps and Classes for Kids and Teens (www.thesummerbook.com).

Kids Can Fly!*

How do you encourage children to follow their heart and “fly”? You listen to them...along with a host of other ideas that you’ll learn about in this talk. Raising children in a conscious, heart-driven way creates better citizens who in turn affect communities and the world in a positive way.

Sifting Through the Noise* (can be presented as Part 1 of 3)

Learn media literacy tools so that you can sift through the bombardment of advertising and “noise” in our culture to uncover who you are and what you want to be. Personal style is discussed as an outgrowth of clarifying media messages. This talk is for adults but can be modified for parents and/or kids to include information on media literacy for children.

State Your Mission* (can be presented as Part 2 of 3)

Everyone has their unique story and this talk addresses ways to discover and express it. Specific guidance will be given on creating a personal mission statement as will the three keys to living in your purpose.

You’ve Got to Visualize!* (can be presented as Part 3 of 3)

Making dreams come true is a “simple” matter of visualizing them into being. In this talk, you’ll learn ways to manifest your heart’s desire and how to keep from letting fear stop you in your tracks.

The Eight Daily LIFE-amins

You know about vitamins, but what about those non-tangible tools that we need to become better human beings? Sarah discusses her secret to fully living: the eight daily LIFE-amins of love, spirituality, nutrition, exercise, education, recreation, creativity, and rest.

Wonderful Me!

This “playshop” is for kids only (ages 8 and up) and gives them a chance to spend two hours talking about their story and making art from a photo snapped by Sarah, also a professional photographer. Each child will go home with their special self-portrait and a better understanding of who they are.

These talks and workshops have been presented at Houston area public and private schools, at churches, at retail locations, and at corporations such as M.D. Anderson, Chevron, Baker Botts, BP, and AmeriCorps. All *’d talks can be presented as an “I Can Fly!” workshop in which creating art is part of the curriculum. Each presentation can be tailored to audience, budget, and location.